Invitation

6th International Dialogos Retreat 2027

Room for Resonance in a World on Speed

– an invitation to step back and philosophise the Dialogos Way

Friday March 12th 18.00 to Sunday 14th 15.00

In the midst of our busy lives, there are moments when something touches us deeply. It can be a conversation, a piece of music, a walk in nature, an unexpected encounter, or a sudden insight. For the German sociologist and philosopher Hartmut Rosa, these are rare moments of resonance. Resonance arises when we allow ourselves to be affected by something or someone, and respond with our own voice. It is a relationship with the world in which we may both touch and be touched, and in which we may be transformed through the encounter. But how often do we allow ourselves the time and openness for such moments to occur?

This year's Dialogos retreat offers an opportunity to do exactly this: to slow down, and open ourselves to the world and each other. What are examples of resonance in our lives? What might prevent us from experiencing it? What happens when we slow down enough to listen, to ourselves, to one another, and to the world around us? And how might we create more room for resonance in our present lives? These are some of the questions we will explore together.

Retreat leaders
Guro Hansen Helskog and Helmuth Liessem

A Dialogos retreat is characterised by individual listening and reflection, philosophical dialogue, contemplative slowness, embodied presence, and moments of silence. Rather than rushing towards answers or solutions, we allow questions, insights, and understanding to emerge through our encounters with ourselves, one another, and the world around us. In this particular weekend, we will explore experiences of resonance and it's opposite (alienation) and what they may reveal about the ways we live.

The retreat is open to anyone, and does not require previous experience with philosophy or philosophical practice. It is possible to engage in the process either as a journey of personal development, new insights and inner transformation, and/or as a journey of professional development and inspiration for the practice of leadership, teaching, counselling or dialogue facilitation.

Practical details

Frames:
Friday 18.00–21.00
Saturday 09.00–18.00
Sunday 09.00–15.00

Venue:
Aarholttunet gjestegård og leirskole,
Årholtveien 80, 3160 Stokke, Norway

Price:
Shared room: NOK 3000,- / Euros 300
Single room: NOK 4000,- / 400 Euros
Mark your registration with your choice of room.

Registration:
By e-mail to oss@aarholt-tunet.no, with guro.helskog@usn,no copied in.
Your registration is complete only when you have paid the fee for board and lodging directly to Aarholttunet, account no. 1224.39.54132 / IBAN NO1712243954132. Mark the payment with your name and DIALOGOS March 2027.

Maximum number of participants: 15

A more detailed program will be sent out to participants approximately a week before the retreat.

WELCOME!

